



the
RUNNER'S
edge

8 - 45 min
classes
\$80

Jan 4
thru
Feb 22

Thursdays
6:30pm -
7:15pm



MYyogaKC

YOGA FOR RUNNERS

Garry Gribble's Running Sports
8600 Ward Parkway KCMO 64114

www.myyogakc.com

www.runnersedgekc.com